

, i z aj j py; gj pt p w f f k; nraa www.iaraindia.com
j kpha;Tr; rqfkk; - gddhl L Mat;g o;

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fyj nj hi fapy; fhz gngWk; mwptpaYk; nj hopyEl gKk;

m. guj Fkhu;

c j tpg; Nguhrpau> j kpoj Ji w
ehrNuj; fi y kwWk; mwptpay; fy;Y}up
Mtb> nr di d – 600 062.

KdDi u

fhj yuj k; mfj nj hi f vdf;\$wggLk; fyj nj hi f rqf fhyj;
j kpyrf;faj; nj hfj pahd vlLj; nj hi fapy; Mwhthf NghwggLthfK;
gy Gytufs; ghba ghl yfs;pd; nj hfGghd , ffyij nj hi fapy; ghi yffyp
(35)> FwpOriffyp (29)> kUj f;fyp (35)> Kyi yffyp (17)> neajy; fyp(33)
vd nkj j k; flTs; thoj Jk; Nruj J 150 ghl yfs; c ssd. Xi r
, dpi kAk; juT> j hoi r> j dprnrhy> Ru j f k; vd;Dk; rpwgghd
mi kgGfshy; mi kejj hFk; JssNyhi r vd;Dk; ghti fapy; ghl ggl l
, eE}y; gw mfjj pi z E}yfs; \$whj i fffpi s> klNyWj y;
ngUej pi z i a vlJ Ji uffwJ. nj hyfhggpau; fypgghi tAk> guphl i yAk;
mfgnghUs;Ji w ghl Vww ahgG tbtqfshf \$Wfwhu; , eE}y;pd; %yk;
gz ila fhyjj py; thoej kffs;pd; gof;f toffqfs> thofi fKi w>
erfo;Tfs; ahi tAk; mwpayhk; , jji fa rpwgGfi s ngww fyj nj hi fapy;
fhz gngWk; mwptpaYk> nj hopyEl gKk; gwwp gpd;tUK; flLi uary; tpu;thf
fhz Nghk;

KUj Jt Ki wfs; :

Nj sfbj jhy; mj wnf d kUeJ fs; fuhkj j py; cz l. Mdhy; rpyu;
kej pu j J VkhwW Nti y el j J thufs; ; Ki wahd kUej pi d rupahd
Neuj j py; nfhLggNj eyy gai dj Uk; j i ytd; fhkk; kpFj nfhz l
, Uf;Fk; gl rj j py; mji d j lggJ kl Lk;pdwp mj wFupa ghj fqfS k;
mwaggl Ntz l k;

“, LNj s; kUeNj h epd; Ntli f (Kyi yffyp 10)”

vdgJ j i ytpad; fUj j hFk; , j wF , LNj s; kUeJ vwpej Nj S fFF;
j LgGw mgng hONj , lLj; j l;f;Fk; kUeJ vdgJ rupahd nghUshFk;
j i ytd; Nj s;fbf;fggl l t d; Nghyj; J bff Ntz baj pyi y nghWj J f;
nfhssyhk; Nj s; fbf;fhd kUej pUej J. mJ c lNd gydsj j J vdw
nraj pfs; , qF njupeJf; nfhss Ntz bai t. tp~k; j di k nfhz l
c apufSl d; thoej kffs; mej tp~jij Nghf;Ftj wFupa rupahd

KUj Jt Ki wfi sAk; mdNw nfhz L thoeJ tej du; vdgj wF NkNy ehk; fz l ghl ybfNs rhdwhFk;

gwej Foei jfF ghY}l b tej jha; rpy khj qfS fF gwF NrhWl j; nj hl qFths; mtthW NrhWl Lk; nghOJ j hahdts; epytpi df; fhI bAk> , J jha; gqF> , J jei jg; gqF> , J Foei j gqF vdnwyyhk; \$wþ NrhWl Lths; mtthW ghuj J ghuj J tsuf;fgLk; Foei j VNj h fhuz qfshy; ghy;Fbf;fhJ tþl l hNyh jha; ghY}l l hky; tþl l hNyh ghy; fl bf; nfhs;S k; meNeuk; j hapf;F VwgLk; tyþi ag; Nghf;f khui g mojj þg; ghi y ntsþNa vLggJ mi dtUK; mwþej xdW. , jji fa Ki w fyþ nj hi f fhyj j þNyNa , UeJ teij j mwþAk; NghJ gz ghl Lj; nj hl urrp ekf;Fj; nj sþthf GuþfwJ.

Ntj þay; khwwk; :

Gytufs; jhk; \$W fUj þa nrajj þfi s \$Wk; NghJ mtwnwhL nj hl uGi l a , awi f eþforþfi sAk; Nruj Nj gj þT nrajj du; vLj J fþhl l hf ji ytpað; kdk; fhji y eþi dj J fyffj j þy; , UeJ J. nj sþthf , yi y. ji ytpi ji ytd; j di d kz k; Kbj J nfhs;thd; vdw nrajj i a Nfl l Jk; nj sþej hs; , j wF Gytþ; nj sþahj eþ uþ; nj sþtþffj; j z z þ; ghi dary; Nj wwhtþi ji a Nghl LtþLthufs; rþwþJ Neuk; foj j J ghuj j hy; eþ; nj sþej þUf;Fk; eþj nj sþTf;Fg; gadgl l J Nj wwqnfhl l l (neaj wfyp25) vdw mbfsþy; ehk; fhz yhk; , J xU ti fahd Ntj þay; khwwk; MFk; fyqþþa c ssj j þd; nj sþTf;F fyqþþa eþþd; nj sþT , qF c ti kahf \$wgg l LssJ , eEl gk; 2000 Mz Lfs; goi k thaej J vdw eþi df;fw NghJ , dWk; tþagghf c ssJ. , J Nghdw Ma;Tfs; gyTk; cz i kþNshL nj hl uGi l ai tahf nrajj þfs; c ssJ. , J Nt goej kþouþd; mwþþay; rþej i dfS fF Mj hukhf mi kþfwJ.

gRtþd; fOj j þLj b :

fO-gRtþd; foj j þLj b vdgJ nghUs; gRf;fs; ghyþi d fwf;Fk NghJ ruþahf xj J i oahJ Kuz L nrajj hy; mji d fl LggLj j þ Neuj j þahf ghy; fwggJ xU Ki wahFk; mj wF xUti fahd kuj j þdhy; nraaggl l fUtp gadgl l J. mji d fO vdw mi oggu; , j i dg; gwþwþ erþþdhuþ;fþdþau; **“fOthtJ fwj j wþuþa gRffi sf; fwj j wF kuj j hyhd j bapd; , uz L ji yaK; rþþ khi yahff; fl bf;fOj j þy; , LtJ”** vdw \$Wfþwhu.; Mauþs; khI bl k; ghy;fwf;f gadgl j Jk; xUti þ nj hoþy; El gk; MFk; , dwsTk; , fþfO toþfyþUeJ tUþfwJ vdgJ kþfTk; Mrþuþakhd xdwhFk;

Coi yuk; :

ghy; jUK; gRffi s fhi yaþy; NkarrYfF mþþoj J tþLtJk; khi yaþy; nj hOtj j þy; mi l ggJk; Mauþsþd; mdwhl fl i kahFk; mj j F gRf;fs; ntsþNa tuhj tz z k; mi l j J i tgghufs; mj wF nj hOtj j þd; mi dj J gFj þfsþYk; Ntypþl L Kfgggþd; , Ugghf;fj j þYk; Ji sapl l eLnt xU nfhkþi d i tgghufs; mj wF coi yþfl i l > coi yuk; vdwk; ngau; , yþfþaj j þy; coi yuk; i tþfþgg l nfhkþd; Ji sfs; Nghy VWfs; tþuþsþd; khui gj; Ji sþj d vdw Gytþ; eakhf \$wþþUgghu; , dWk; rþy tþLfsþy; mYtyfþqfsþy; nghJ tþl Ei oþTfsþy; rþWtoþþfhz ggLk; mji dRwþwþ tUK; , UKG ji l fhz ggLk; xU Neuj j þy;

xUtU; klLNk nryyf;\$ba ti fapy; tbtikffggglbUfFk; , jwF
coi yNtyv vdW ngau; , dWk; , J gadghlby; , UeJ tUfWJ.

neafi l ghy; :

, dWk; ehk; thqFk; ghy; gyjuggl; ti ffs; teJssd. Mi t
mi dj j wFk; j dj dphd Ntj pary; khwwqfS k; Ki wFS k;
i fahsggLfpdwd. mj wF vLj Jffhllhf nfhOgGrrjJ eFfFpaghy;
vdWk; nfhOgGrrjJ css ghy; vdWk; , Uti f czL ghi y edF
fharrp mjid ciwapL> fileJ ntznza; vLggJ xU tif.
ghi yffharrhKNy nfhOgG vLggJ , dndhUti f. , jjFKi w , di wa
tPQhd cyfpy; rhjj pAnk. Mdhy; gzila fhyjj pNyNa , UeJ tej J
MrrpapakhapUfFwJ.

“neafi l ghy; (Kyi yffyp 10)”

, jwF kUej japlL neai affileJ thqfPd ghy; vdgJ nghUshFk;
ghypUeJ ntziz i ag; gupff xUti f kUeJgnghUs; (Ntj pgnghUs)
gadgLj j ggl bUggi j ehk; mwpayhk; , yffpajj py; xupljj py; nfhOgG
eFfFpa ghyPdhy; vej xU gaDKpyi y mJNghy; eP , dwp vdDila
thothy; vej gaDKpyi y vdW jiytd; \$Wtjhf GytU; \$Wfwhu.

nerTj; nj hoyel gk; :

fyj nj hi fapy; Kyi yffypary; rhak; Clj ggl; Mi l i a
gadgLj j pdhufs; vdw nraj pAk; cssJ. Mau; kfd; Jtuhil (rhak;
Nj hajj Mi l) mz pej pUej hd; fO> RlLfNfhy; i tjj pUgghd; Nfhi y
epj j py; Cdwp> mj d; Mj utpy; xwi wf; fhy; epwghd; vdW \$wggLfWJ.
Jtuhil Kyi yffyp 8-y; ehk; fhz yhk; ek; KdNdhuFs; nerTj;
nj hoypy; rpwgghf , Uej du; vdgJk; mj wfd rpy nj hoy; El gqfi s
gadgLj j pdu; vdgJk; ehk; , qNf fhz KbfWJ. Kyi yffyp kffs;
mWit> fypqfk; Jfpy> Gil it vdg; gyti fahd cilfi s
gadgLj j pdu; kpf nkyypa Mi l fs; ghyhtj Nghdw nkdi kahd
Mi l i a gadgLj j pdu.

“gqfi u eyk; Gi l j ho; (Kyi yffyp)” fi uNghl j

g+ Nti ygghLi l a Mi l fi sAk; MauFyg; ngz ; mz pej pUej hs;
vdgj pyUeJ vkgrhalup El gk; vdw xdW mdNw Kyi yffypary;
gadgLj j gl j J ekfF nj spthf tpsqFfWJ.

j rry nj hoyel gk;

“nghUeJ Nehd; fj T”

, jwF , uli l aha; teJ NrUk; gyi ffs; jkkpy; nghUej pd fj T vdgJ
nghUshFk; tlbYss fj TfS; gwmpa FwpgGk; fyj nj hi fapy; czL
, uzL gyi ffs; nghUj j ggl; fj Tfis cila myyJ , uli lf;
fj Tfis cila tLfs; , Uej d vdgj wF fyj nj hi fapYss ghNy
rhdwhFk; tlbYss rW Foej j fs; , Oj J jkkpy; tpi sahLfw Nj i ug;
gwmpAk; mj py; moFw tbfFgngww jhki ugg+ gwmpAk; xU ghly; \$WfWJ.
, j d%yk; mdi wa fhyfl j j py; vej xU trj pAk; , dwp j rry nj hoypy;
nj hoy; El gji j gadgLj j p mwtpary; rpej i dNahL nraj pUej du; vdw
nraj pfi s mwpaKbfWJ.

cGgghi t> nghwpgghi t :

“cggpay; ghi t ci wAssJ Nghy cff tLnkd; capu;”

ngUqfhjy; JaUww jiytd; jiytpfFg; ghi t ctkpf,fggLfWJ.
,ejgghi tg; gbkk; gwwp , qF rpwggfhf i fahsggLfWJ. fhjypi af;
i f\$lg; ngwhj jiytd; jd:Dila fhjyPd; Ntjidahy; capugLk;
Jdgjjj f; \$Wk; nghOJ c gGg; ghj j pary; fpl ej c gghy; nraaggld;
ghi t ki oj ;Jspi ag; ngwWf; fi uej J Nghyj j d; c apUk; fi ueJ t pl i J
vd,fwWhd;

“nghw p nraGi d ghi t”

mjhtJ , aff , aqFk; vdgJ nghUs; fhjy; taggl jiytNa
jiytd epi djJ jdi d xU , aej j unghki kahff; fUj pf; nfhs,fwWhs;
gy c WgGf; fi sAk; \$lb , aqFtNj hu; ngw p ahfr; nraj ghi t Nghyj;
Jdgjj Ny moej p kaqfr; nryfNwd; vdW jiytp \$Wfwhs; rhtp
nfhLjjhy; , aqFk; nghki ki a Nghy jhd; , qF , aqFtj hf tUej pf;
\$Wfwhs; , t;thW nghki kfi s , afFk; nj horyEl gKk; , aej pu nj hory;
El gKk; mdNw fyj nj hi fary; , UeJ tej J vdgJ ekfz; KdNd
fhl r p ahfj; nj upfWJ.

ng hdi d cUffjy; :

ng hdi d cUffjy; kwWk; mj py; kz pi ag; gj pj y; Nghdw
nj horyEl gk; Kyi yffypary; \$wggLssJ. ng hdi d cUffp XI t pl L
mj py; eYkz pi a mOjj g; gj pa i tggJ mdi wa fhyfl i Ki wahFk;
ng h d Nkd pary; eYrrhay; vdgJ gri y Nkd pary; gl uej wF Xu;
c ti kahFk; fhjy; Nehahy; thba ngz fs; ngUkghYk; c ly; nkyp eJ
gri y NehaF Mshthufs; vdgJ gi oa nraj p ahFk;

KbTi u :

**“, eja h Mdkpfk; tsujj ehNI jtp mwptay; tsujj ehlyy;
mwptay; tsnkyyhk; Nki y ehLs fNf nrhej k;”** vdW fUj j pi d
nghagpf f gz ilaj; j k p ufs; nfhz l mwptary; rrej i d fi sAk;
nj horyEl gj ; j w i dAk; mtufsJ , yffpa , yffz E}yfs;Yk; mtwWp;
ci ufs;Yk; ehk; fz NI hk; vdgj py; rmpUk; l akpyi y. r qf , yffpa
E}yfs; , dWk; Ri ta+wwhfTk> rrej pfFk; j wd; tsufFk; tuyhwWg;
ngl i fkhfTk> mwptay; fsOrpakhfTk; , UffWJ vdwhy; , j wF
Kokjw; fhuz k; ehk; mdNw thoej thofi f Ki wAk> ehk; i fahz l
nj horyEl g Ki wfsk; MFk; ek; KdNdhufs; jhk; thofi ffFj;
Nj i tahd mi djJ nj horyEl g mwpi tAk; mwptay; rrej i dAk; mdNw
ngwWpUej du; vdgj wF fyj nj hi fary; ehk; t p u thf fz l nraj p fNs
rhdwhFk;

Ji z E}wgl bay; :

1. j k p o; tsuFk; mwptay> , uhk.Rej uk;
2. j k p o f mwptay; tuyhW> , uhk.Rej uk;
3. mwptay; E}yfs> Nguh.e.RgGnul bahu;
4. \$Fs; ti yj j sk;