

ghujjjhrd ghlyfsy ,awifAk kdjKk
,uh.itNj f
Kidtu gli Mathsu
ghujjjhrd cauhaT ikak
ghujjjhrd gyfiyffofk> jUrruhggs> -24.

K d D i u

ghNteju ,awifiaAk kdjjijAk xdwhfg Nghwwa xggww ftQu.mtUila
ftijjfsy mikejUfFk moF kwWk kdjNeaj jjJtKk ,fflLiuaY
MuhaggLfWJ.

**ghNteju d moF kwWk kdjNeaj
jjJtKk.**

jkoy moF vdgjwF mkik, moF,
mz voY Vu jU kh KUF ft d nghwG
nghyT t dgG Kjy a nrhws
c z L.mofay d Njhwwk Fwjj
jR.eluhrd

“NkiyehLfsy \$l mofay vdgJ
jjJtj jsjy xU nfhsifia t s f Fk
fiyr nrhyhf 18 Mk Ehwwh z byjhd
KjdKjy mnyfrhz lu Nfhlyg
ghk fhu j d vdg tuhy mwKfk
nraaggllJ vdgu” vdW fhufra mofay
vdw flliu j njhFgG FwggLfWJ.moF
vdgJ ,awifg nghUsfsYk kdjd
gilj’j Mffg nghUsfsYk mjd
gz Gfis t s f Fk gadghlbYk
gilgGfsYk mJ xU r e j i d rhj dkhfNt
gadgLfWJ.

moF eyTk , lqfs

ghNteju mofid ruggy moF eyTk
, lqfshf,

**“fhiya sk gujjaNy mtisf
f z Nld**

f lwuggy xsigGdy f z Nld!mejr

NrhiyaNy kyufsNy jsufs jkkY
njhll ,lk vyhk f z z y jLggllhs
.....gi rAss nghUsnyyyhk girats
goikadh rhfhj ,isats fhz!
eirNahL Nehfflh vqFk cssh
eyyoF trggllhy Jdgkyiy”
(m.r.g.21)

vdw ghly d %yk moF vyyh
, lqfsYk eyTtJ vdWk goikadh
moahj GJik cilats vdWk mej
moNf c z i knadWk GyggLjJfdwhu.

NkYk jkoy ,yffa kugy ejia
eyit kwWk gy ,awifg nghUsfsg
ngz zhfg ghujy njhdWnjhlltUk
kughFk. ,sqNfhtbfs ‘elejha tho
fhNtu’vdg NghwWtJk eyjij ‘gkjjha’
vdg NghwWtJk ,j i dg GyggLjJk.

ghNtejuK moifg ngz zh f
cUtfggLjjajUggjhy moifg ghLtjYk
kui gg NghwwAs shu.

,awifAk kdjKk

ghNteju KwwYk ,awifaofy <LghL
nfhzL ghbdhYk r%fjij

kwejt myyu. ,awifiag ghLk

NghJk 'kdjjjijNa' KddWjjg
ghbAsshu.

“kz kjy ciogghnuyyhk
twauhk! Cupik Nfllhy
Gz kjy mkG gharRk
Giyau nrytuhk , ijjjd
fz kjy gfyynyhyk
fzL fz lejffGgd
tjz kd haf nfhggsjj
tjuthdk ghuha jkg”
(m.r.g.21)

vdDk ghlyy Ruz lggLk
ciogghsfsd mtyjjjf fzL
,awifNa rwwk nfhs tjhf
kdjNeajNjL GyggLjjAsshu.

mofid %dW eiyfs

khurNyh grjNdh vdDk kWkyurr
fhyjJ ,jjhyad jjJtQhd cyfd
gzGfSfF mofay Kiway tsffk
jUkNghJ

1. fturr (Attraction)

2. tUggk (Desire)

3. eiwT (Fulfillment) vdDk %dW
eiyfisAk Kd itgghu., k%dW

eiyfisAk ghNteju ghlyfsYk
fhzyhk.

1. fturr

eyitg ghLjy vdgJ jkoff
ftQufsIk xU kughfg gdgwwggIL
teJssJ.

NkYk ,awifg nghUsfsy eyTjhd
cyff ftQufsiNa mjfk
ghLnghUshfAssJ. ,jwFf fhu z khf
eytd fturr ftQufsd
rejidfSfNfwg miktjhff \$wyhk.
ghNtejUk eyitg gww kFjJahfg
ghbAsshu. Gulrffftay cjhud %ykhf
eyit>

“eythd MilfFs cly kiwJ
eyh vtdW fhILfdwha xsKfjjf
NfhyKOJk fhltllhy fhjw
nfhsisaNy gjj jdg gNth ejhd
nrhff ntssg ghwFINkh mKj
CwNwh

fhiy tej nrkguj flyy %off
fdy khwf Fsukej Xsig gokNgh”
(gh.gh.njh-1.g.19)

eytid ftQujdJ fwgid jwjjf
nfhzL tuzffwhu. eythdjdd Nghdw
MilfFs cly kiwJ cdJ Nfhyk
KOtiJk fhltllhy thdr Nrhiay
gjj jdgge vdWk nrhffdw ntssg
ghwFINkh mKj CwNw fhiyay NjhdWk
nrqfjpuhf kiweJ flyy %off e
NjhdWfdwha vdW eytid FwggLfwu.

2. tUggk

“nghjjif mdid
cidj jejhs jkioj jejhd
jko vdfF mfjJk jff
njdw e GwjJk ,dgk
miktWr nrati j”
(m.r.g.67)

vdw ghly tuufs jko nghjjif
mdida %yk jdfF filjjjhftk
jko ftQUF mfjJ njdw NghyTk
GwjJ ,dgk NghyTk tUggk jUtjh
ghNteju \$Wfwu.

3. eiwT

,awifa d rkthoit kdjufs vaj
Nt zLk vdDk Mty cilatughNteju.
mtthoNt eiwthd thoT vdDk fUjJk
cilatu. ,ffUjjj ‘thdk jej ghk’
vdDk ftijay>

“,jjjuf nfhaahg gQR
e mjy rwnwWkNg
mjji d NgUk nkaaha
mgbjjhNd khNd?
gjNjw Nky fo vdW
kffs jhk Ngry vdNd”
(m.r.g.24)

vdw ghly tuufs %yk Nky fo
Ngry klik vdWk vyNyhUk xU eiu
vdDk xgGuT rKjhak fhz
tyAWjJfdwhu ghujjhrd. kdjNeaj
jjJt Nehff y ghLk NghJ moifg
ngz zhfTk cz ikahfTk kdjNeajjg
GyggLjj c jTk fUtahfTk
ghujjUggi jAk mofayd %dW
eiyfsy ,UeJ ftijg
giljjUggi jAk fhz KbfiwJ.

➤ **fIYk GJ i kAk**

**“GOqfa kffs jkikf
Fsju fhwwhy GJ i knraJ
KoqfwWf fly! , tthoT
KOtJk thotw nrkik
i toqfwWf fly”**

(m.r.g.4)

vdw ghly tuufs d %yk fhiy Kjy
c iojJf f i s jJg Nghd ghllhs kffs d
GOffj i jg Nghff Fsuej fhwiw jeJ
mtuf i sg GJ i kr nrafdwjhf ghujjhrd
, awifa y GJ i kr nraJsshu. njhlueJ
c iojJ c y i fr nrk i kggLj j r
nrytj i jg ngUffTk c j t nrafdwJ.
vdW fhl rggLj j Asshu.

➤ **Kf y FdwKk - mb i k neQrKk**

**“mb i k neQrK
Gifjy Nghy NjhdWk Fdwk”**

(m.r.g.13)

Kf y Nghujj f Fdwk njua hky
kiwe j UfFNkh m i jg NghdW mb i k
t y q i f c i l f f j J b f Fk mb i k f s d
neQrK Gifjy Nghy c s s J v d f w h u
ghujjhrd.

➤ **kffs d e i y**

**“VrRfs mrrk - jkk y
vs i k t s g g k - r j f
\$ r r y F o g g q f s n f h j j b i k j j d k
n f h Q r K k , y i y”**

(gh.g.njh-1.g.57)

r l l F U t Ak m z Y k V r R f s
m r r k > F o g g k > \$ r r k > m b i k j j d k
N g h d w t u f s V J k d w j k t h o i t f h j y
n f h z L M Z k n g z Z k h a x j j , d g k
f h Z f d w h u . m i j g N g h d W k f f S k , i t
N g h d W V J k d w j , d g j i j n g w N t z L k
v d W g h u j j h r d , g g h l y d % y k
F w g g L f w h u .

➤ **ng z tLj i y**

ng z tLj i y g w w t p . , n y d d
“n j h o y h s u f S i l a t L j i y i a j

n j h o y h s u f N s V w g L j j f n f h s s N t z L k
v d W e h k n r h y Y f N w h k . m N j N e u j j y
c i o f F k n g z f s d t L j i y A k c i o f F k
n g z f s h N y N a V w g N t z L k” N r h t a j
M l r A k r K j h a j j y n g z f s e i y A k v d w
E y y R l b A s s h u .

, e j f f U j i j g g h N t e j u

**“j d j J f l f F k y h a k - m j y
j s s a i l f f g g L q F j i u f F k
f i d j j l c j j u T z L - t l b y
f h u i f e h z T k N t z L k
Q h a k j u h t b y t L j i y N k w n f h s”**

(gh.g.njh-1.g.98)

y h a j j y m i l f f g g L k F j i u f N f h
f i d j j l c u i k c z L M d h y n g z Z f F j
j d k z t h s i d j N j u e n j L g g j y c u i k
, y i y . v d N t c u i k i a n g z f s
n g w N w h u l k N f l f N t z L k . k w j j h y
t L j i y N k w n f h s s v d g j d % y k n g z f s
t L j i y n g z f s h N y V w g L N t z L k v d D k
n y d d f U j i j g h u j j h r d t o n k h o t j h f
, g g h l y m i k a g g L s s J .

➤ **Gw h r h l r a h j y**

**“k f f s y y h j h u t h o f i f t o N y h
k d e y k t h a e j k h l g G w h N t”**

(gh.g.g.54)

k f f i s g n g W t N j h L n g w N w h u f S f F
f l i k K b e J m t u f i s f f U j N j h L t s u f f
N t z L k . m g g b t s u f F k N g h J m j y d g k
, U g g i j e k k h y c z u K b A k . G w h f f s
j q f s c a u y f y e j c z i t f
F Q R S f F j j e J m t w i w t s u j J , d g k
f h Z f d w d v d W k > k f f s g a d , y y h j
t h o T t h o N t z L k v d W G w h f f s
R l b f f h l t j h f g h u j j h r d F w g g L f w h u .

g h u j j h r d g h l y f s y , a w i f i a
J i z i k a h f f n f h z L g i l j J s s h u .
m j h t J m t u , a w i f N a h L j d i d f y e J
, a w i f N a h L , a w i f a h f t h o e J s s h u .
g h u j j h r d g h l y f s y , a w i f K f f a
, l k n g w W s s J . f t Q u \$ w f U j J j d i d
R w w A s s , a w i f N a h L k d j j i j
K d d W j j g g L t i j f h z K b f d w J .